



# The Wykeham Collegiate

Member of the Independent Schools' Association of Southern Africa

## Junior School Sport (website printed version)

It is compulsory for all girls to participate in sport, either at a competitive level or simply for fitness and recreation. A wide variety of sports which develop skills, stamina, fitness and sportsmanship is offered.

The Wykeham Collegiate has excellent sporting facilities, including two grass fields, an artificial playing turf (astro), Sports Centre (indoor hockey, basketball, netball), two swimming pools, 4 tennis courts, 3 multi-courts (tennis, netball and basketball) and three squash courts.

School sports available for the girls include:

- Athletics
- Canoeing (senior grades),
- Cross-Country,
- Field Hockey,
- Mini-Cricket,
- Netball,
- Soccer,
- Squash,
- Swimming
- Tennis.

**TWC Adventure Sport** is also available to the girls in the more senior grades and offers many exciting options, such as camping and hiking.

TWC regularly takes part in Inter-School leagues in all school sports and many of our girls are selected to represent their region and/or province in their sport.

### Grade 1 & 2 Sports Programme

An introductory sports programme is followed in Grades 1 and 2 and girls are involved twice a week in a variety of sports and ball skills programmes to develop a love of sport and promote a healthy lifestyle. Girls enjoy swimming, hockey, netball, fitness, mini-cricket and mini-soccer.

(Updated 2018)